## OWA FULL BODY MASSAGES



TRADITIONAL 60MIN / IDR 200.000 90MIN/IDR 250.000

Stimulates deep tissues, relieves muscles soreness, improves blood circulation and eliminates toxins. Created to restore body and mind to a natural balance.

DEEP TISSUE
60MIN / IDR 200.000 90MIN/IDR 250.000

A slow deep massage that delivers presure to the inner layers of muscle and connective tissue to ease tension, relieve chronic pain and restore movement;



## **OWA CUSTOM MASSAGES**

EARTH AND THE SKY 60MIN / 200.000
If a full body massage isn't for you, try our hand, feet and scalp massage. Focusing on areas that are rich in nerve endings and accupressure points.

SURFER BACK MASSAGE 30MIN / IDR 100.000

Shake away all all the aches and pains of the back, shoulders and neck. It's the perfect treat after a day of barrel riding

FOOT SPA 45MIN / 120.000

Designed to provide relief to your tired feet and calves, start with a foot scrub followed by a massage that will stimulate blood circulation and reduce swelling of the leas.



BODY SCRUBS 30MIN / IDR 100.000

The body scrub exfoliates the skin on your body leaving it fresh, smooth and moisturised

CHOOSE FROM

<u>Traditional:</u> Ground rice, coconut oil, ginger and turmeric

<u>Antioxidant</u>: Coffee, brown sugar and cinnamon

OWA PACKAGE

120MIN / IDR 350.000

Start your spa experience with our special package including a relaxing foot ritual, followed a by a full traditional body scrub (30min) and a 60min massage of your choice.

Your treatment ends with a homemade mint infusion leaving you feeling relaxed, restored and rejuvenated.

SPA TREATMENTS:
FROM 12 PM TO 8 PM
(last appointment at 7 pm)